THE NEED:
The world is aging rapidly

- By 2050, there will be 2 billion people in the world over 60 years old, 80% of them in the developing world. 35% of Europe will be over 60.
- France's population grew from "aging" (7% over 65 years) to "aged" (14% over 65) in 1980, over a period of 115 years.
- Japan became aged in 1995, having taken only 25 years.
- China will become aged in 2030 after only 29 years.

Very few aging societies are preparing for this unprecedented change with educational programs in geriatric medicine and gerontology for health professionals.

The Clinical Education Consultation Service

of the ILC-USA offers collaborative assistance to governments, non-governmental organizations, academic institutions, community hospitals and clinics, and community agencies in establishing new clinical, educational, and policy approaches to their demographic trends and health care needs for older adults.

Consultations by the Clinical Education Consultation Service, ILC-USA may include:

1) Assessment of community or institutional clinical resources for care of the older population and consultation regarding a spectrum of care, including in-hospital care, outpatient care, home care, institutional and non-institutional long term care

2) Consultations regarding the incorporation of geriatric medicine and gerontology curriculum into the training of medical students, residents in internal medicine and family medicine, nursing students, and faculty and fellows in the medical and surgical subspecialties

3) Interactive symposia on geriatric clinical syndromes
   a. Assessment of the older adult
   b. Aging and longevity
   c. Dementia
   d. Depression
   e. Delirium
   f. Acute care of the hospitalized older adult
   g. Perioperative evaluation and management
   h. Osteoporosis
   i. Medication use in older individuals
   j. Screening, prevention, and health promotion
   k. Nutrition in the older adult
   l. Urinary incontinence
   m. Constipation and fecal incontinence
   n. Pain management and palliative care
   o. Falls and gait disturbances
   p. Advance directives and palliative care
   q. Others

4) Application of principles of evidence-based medicine to curriculum development and delivery of clinical care

5) Planning and implementing a geriatric fellowship training program

6) Topics in geriatric nursing

7) Topics in geriatric psychiatry

8) Consultation with national or international organizations, businesses, or corporations wishing to implement and support programs for their older employees and/or retirees. Such programs would likely focus upon appropriate physical activity, nutrition, screening and preventive health measures, and advance directives

9) Formal presentations to clinical faculty, residents in training, medical and other health professional students

10) Clinical inpatient and/or outpatient rounds

Each consultation is carefully planned to meet the individual needs of the recipient institution. Consultants are members of the ILC-USA professional staff, and faculty of Mt. Sinai Department of Geriatrics and other leading geriatrics and gerontology centers.

For more information contact:
Harrison G. Bloom, MD
Phone: 212-517-1308
Fax: 212-288-9122
Email: harrisonb@ilcusa.org

TAIWAN PROJECT 2003 – present

Funded by the Taiwan Department of Health, the American Bureau for the Medical Advancement of China, and the Taiwan National Health Research Institute (NHRI)

- Established a Division of Gerontology of the NHRI
- Established a fellowship in geriatric medicine
- Provided Visiting Professors for fellowship training
- Inspired the establishment of 4 additional gerontology/geriatrics departments and geriatric fellowship programs at leading academic centers, and the establishment of an island-wide network of community-based geriatrics clinics

“For all these encouraging signs we have you to thank. What you and the Visiting Professors have done for us have won unanimous appreciation and admiration.”

– Tong-Yuan Tai, MD
   Director, Division of Gerontology, NHRI

LEBANON PROJECT 2004 – 2005

Funded by an educational grant from Merck Sharp and Dohme

- Trained internal medicine faculty in principles and practice of geriatric medicine

“Through workshops like the ones you conducted at AUB, the introduction of Geriatric teaching and service functions to departments of medicine is optimally achieved.”

– Kamal F. Badr, MD, ASCI, AAP
   Professor and Chair, Department of Internal Medicine, American University of Beirut
ABOUT THE ILC:

The International Longevity Center – USA, (ILC-USA), is a not-for-profit, non-partisan research, education, and policy organization whose mission is to help individuals and societies address longevity and population aging in positive and productive ways and highlight older people’s productivity and contributions to their families and societies as a whole.

The organization is part of a multinational research and education consortium, which includes centers in the U.S., Japan, Great Britain, France, the Dominican Republic, and India. These centers work both autonomously and collaboratively to study how greater life expectancy and increased proportions of older people impact nations around the world.

Robert N. Butler, M.D.
President and CEO,
ILC-USA

Everette E. Dennis, Ph.D.
Executive Director and COO,
ILC-USA

Contact:

Harrison G. Bloom, MD
Phone: 212-517-1308
Fax: 212-288-9122
Email: harrisonb@ilcusa.org

An affiliate of Mount Sinai
School of Medicine
Brookdale Department of
Geriatrics and Adult
Development

INTERNATIONAL LONGEVITY CENTER – USA

60 East 86th Street
New York, NY 10028
212-288-1468 Tel
212-288-3132 Fax
www.ilcusa.org